

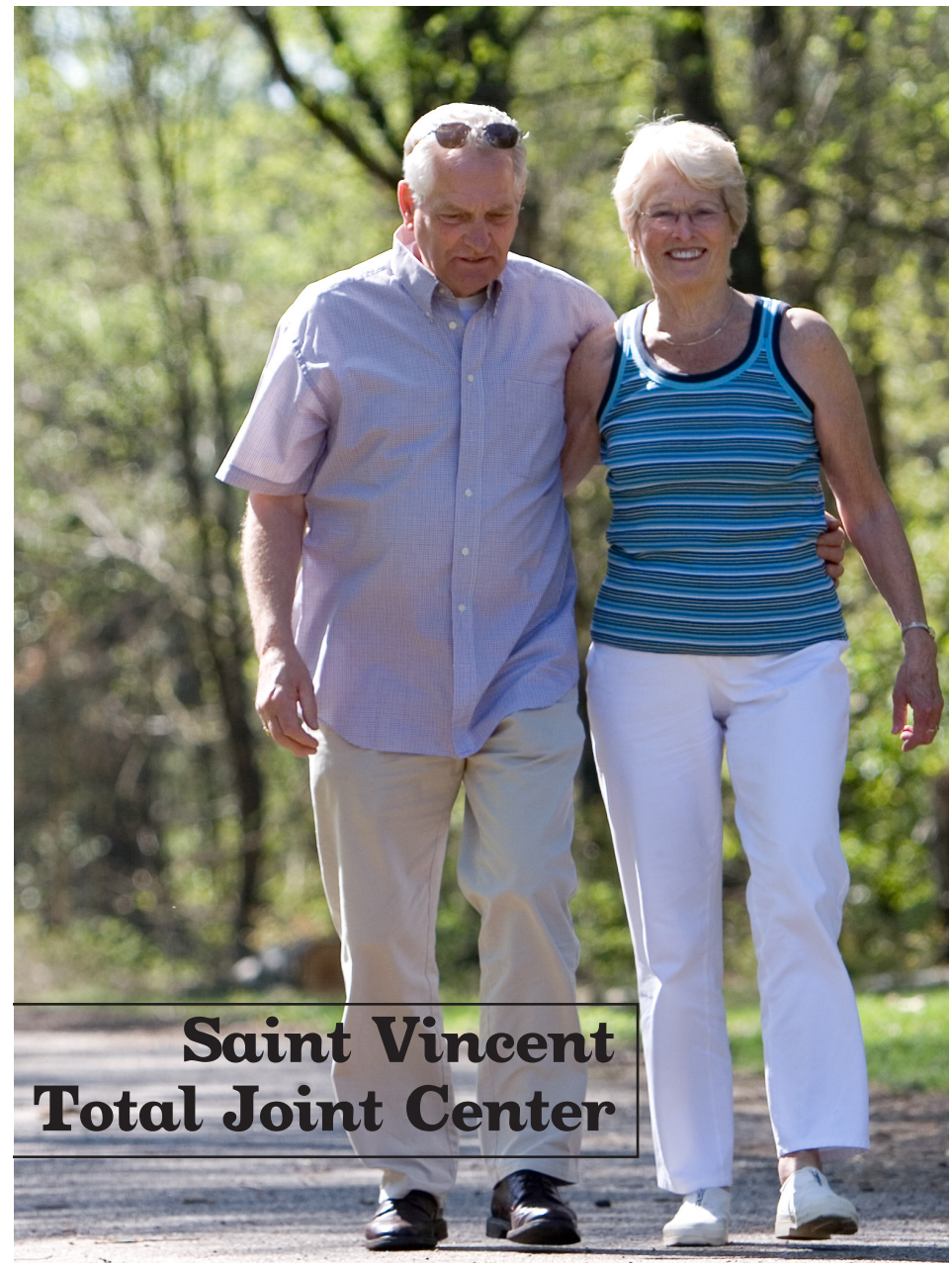
SAINT VINCENT TOTAL JOINT CENTER
232 West 25 Street
Erie, PA 16544

To schedule an appointment with a Saint Vincent orthopedic surgeon to discuss your joint pain, call 814-454-2401.



We know how to treat people.™

SaintVincentHealth.com



Saint Vincent Total Joint Center

WE MAKE THE IMPOSSIBLE A WALK IN THE PARK.



We know how to treat people.™

Miracles happen every day at Saint Vincent.

Named a Blue Distinction Center for Knee and Hip Replacement, Saint Vincent has been nationally recognized for its expertise in delivery of quality orthopedic care.

But it's the continued trust of our patients that matters most to us. With patient satisfaction levels in the top one percent of hospitals in Pennsylvania and the area's most experienced team of surgeons, you won't find better orthopedic care anywhere in the region.

At the Saint Vincent Total Joint Center, our team of orthopedic surgeons and specialists are dedicated to your full recovery and return to daily life and the activities you love to do. When it comes to chronic joint pain, trust your care to Saint Vincent.

TOTAL JOINT CENTER

The Saint Vincent Total Joint Center is designed specifically for total joint replacement patients. Surgery is typically scheduled on Monday or Tuesday with a plan for the patient to return home on Thursday or Friday of the same week.

The experienced Joint Center team of medical experts takes a team approach to joint replacement treatment and recovery. Therapy sessions include group exercises and fun activities, and reduce the length of a patient's hospital stay.

Other unique features of the Saint Vincent Total Joint Center include:

- Pre-surgery education class with a health expert
- Specialized nurses who teach patients and their families how to care for themselves at home

- An emphasis on individualized care with supportive group activities
- A discharge planner who helps coordinate a safe discharge plan, including assessment of the patient's needs at home; outpatient therapy, inpatient rehabilitation or skilled nursing facility; answers to insurance questions; and collaboration with the entire Total Joint Center team

JOINT PROCEDURES

Hips

Total hip replacement (or hip arthroplasty) is a procedure that improves hip joints that have been damaged by injury or arthritis. Joint replacement surgery involves removing the diseased portion of the hip bone and replacing it with an artificial hip joint (called a prosthesis). This surgical technique often offers the best treatment option for long-term improvement of the hip joint when other treatments have proven inadequate. For most patients, total hip replacement reduces joint pain and brings a return to pain-free movement.

Hip resurfacing also relieves arthritis pain of the hip joint, but is an alternative to total hip replacement for younger, more active patients. Rather than replacing the entire hip joint, this surgical procedure involves less bone removal and uses a much smaller prosthesis to replace the joint surfaces. Compared to total hip replacement, hip resurfacing preserves more natural bone, leaves the patient with a greater range of motion and reduces postoperative risk of dislocation. For the right patient, hip resurfacing has many advantages over hip replacement and can lead to the return of a normal lifestyle and activity.

Knees

Total knee replacement (or knee arthroplasty) is highly successful for relieving severe knee pain caused by arthritis, degeneration of cartilage or serious knee injuries. This surgical procedure involves removing the damaged portion of the knee and replacing it with an artificial joint implant (called a prosthesis). While medications and lifestyle adjustments can alleviate knee pain on a short-term basis, knee replacement may be the best way to reduce pain, restore function and improve quality of life.

Gender-specific knee replacement

involves the use of a prosthesis which more closely matches the shape and size of a woman's knee, providing a better fit, increased available knee motion and more natural movement for women.

Partial knee replacement (also known as unicompartmental knee replacement) is used when arthritis has damaged only one section, or compartment, of the knee. During this procedure, only the damaged area of the knee is replaced, and the healthy bone is left intact. Patients undergoing partial knee replacement spend less time recovering than those with total knee replacements, and may still consider total knee replacement in the future if necessary.

Shoulder

Total shoulder replacement (or shoulder arthroplasty) is used to improve shoulder joints that have been damaged or destroyed by arthritis or severe trauma. The damaged surfaces of the bone and cartilage are replaced with metal and plastic implants. Most patients achieve successful results with decreased pain and better function, leading to an improved quality of life.

Pain management for knee surgery

Patients facing total knee replacement or other knee surgery at Saint Vincent can look forward to a less painful post-surgery experience with a procedure called a femoral nerve block. A femoral nerve block is a pre-surgical procedure in which an anesthesiologist inserts a catheter into the groin and threads it near the hip or knee. A local anesthetic is delivered to numb the joint during surgery and for two days afterward. Patients benefit from this procedure because it:

- Provides safe and effective post-operative pain control
- Decreases the need for pain medications, thereby also avoiding the possible side effects
- Helps patients begin post-operative physical therapy with little, if any discomfort

Free community seminars

When it comes to dealing with joint pain, it's important to take the time to make an informed decision. Saint Vincent offers free community seminars about hip, knee and shoulder pain. You'll learn about the causes of joint pain and many of the latest treatments from a Saint Vincent orthopedic surgeon and Rehab Solutions physical therapist. To register for a joint seminar or for more information, call 814-866-4819 or 800-326-8080.

Ready to put an end to joint pain?

If you're ready to say good-bye to your joint pain, call 814-454-2401 to set up an appointment with an orthopedic surgeon. We'll help you figure out the best course of treatment to get you back to a pain-free, normal lifestyle as soon as possible.